

Extrait du Actualites massage et bien-etre

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thai massage video thaillande massage ayurvedic

- Massage en anglais - video massage -



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Description :

the massage thai - massage thaillandais massage thai - massage ayurveda ayurvedic - massage thaillandais - massage ayurvedic in Thailand like ' A B #2 (Nuat phaen the boran, IPA [boraÐn of p°[n of nuQt]), which translates correctly only as the ancient massage or a traditional massage, this form of massage is also known as a Thai ancient massage, the traditional Thai massage, the Thai massage of yoga, the massage of yoga, the Thai traditional massage, the body thaïe, passive yoga or helped yoga.

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massage ayurvedic video massage thai video

Coming from India and tie from Ayurveda, it inevitably incorporated methods like yoga. The receiver is put in much position of yoga during the massage. In northeren the model there are much of étirements of movements to the difference in the southernmost model where the pressure is underlined. It is thought that the art of massage was brought more Thailand by Shivago Komarpaj (Jivaka Kumarabhacca), a contemporary of Buddha almost approximately 2500 years ago.

The recipient of the massage changes into pyjamas and is on a firm mattress on the floor. (It can be made in solo or in a group of a dozen approximately patients in the same large room). The giver dumassage considers the profit organization using the hands and of the front armlevers to apply the rhythmic pressure closes with almost each part of the body of the taker.

The massage generally follows the plumb lines on the body-slightly similar to the Chinese meridian lines and the Indian nadis. Some gestures, of the legs and the feet of the giver are used to fix the body or the members of the recipient. Others gestures, the hands fix the body, whereas the feet make the action of massage. Usually no oil is applied. A full course of Thai massage lasts two hours typically or more, and includes to draw the fingers, the toes, ears etc, to tap with the fist, going on the recipient behind, arching the recipient behind in an action of bearing. There are a standard process and rate/rhythm with the massage.

massage thai video massage thaillande video

Sometimes in a great massage of group, the experts make the procedures in unison. Note: The traditional therapeutic practice of the Thai massage should not be confused with the sexual service of the same name which is available in some hotels. And to slacken still a little, here others vidéos of massage thai, for the pleasure, very releasing to look at.